

Understanding the Language of Behavior through DISC Behavioral Styles

PROFESSIONAL LEARNING COMMUNITY

September 2023



PURPOSE: This PLC will provide Midland College employees with the knowledge and skills to improve teamwork, communication, and productivity in the workplace through an understanding of behavioral styles.

PLC PARTICIPANT OUTCOMES

- **Improve communication** and understanding between team members and **turn conflict into a positive**, productive exercise.
- Learn how to better respond to conflict, discover **motivators and stressors**, and find how you **solve problems**.
- Provide a common language to improve self-awareness and social awareness to **reduce conflict and improve working relationships**.

PLC STRUCTURE, FORMAT, & EXPECTATIONS

- Participation in this mini-course counts for up to **10 hours** of professional development.
- This mini-course will include **four (4) in-person meetings**. The schedule is below.
- Participants are expected to **complete the DISC behavioral styles assessment**, review the results with an open mind, and apply recommendations to enhance workplace interactions.
- Participants are expected to complete a **personal development reflection** that relates to the content discussed in the PLC and share with the rest of the cohort.
- Participants should **attend and fully engage** in all PLC sessions and content.
- Participants should **strive to improve their workplace behaviors**, offer relevant insight when needed, and ask questions when they need clarification.

PROFESSIONAL LEARNING COMMUNITY SCHEDULE

PLC sessions will take place in-person on the main campus. Location will be sent to registered participants.

SESSION DATE	TIME	SESSION TOPICS
Session 1 – September 6	10:00 a.m. – 12:00 p.m.	Topic: Overview of DISC behavioral styles and history
Session 2 – September 13	10:00 a.m. – 12:00 p.m.	Topic: Review of assessment results, navigating the DISC report, exploration of the four DISC styles
Session 3 – September 20	10:00 a.m. – 12:00 p.m.	Topic: Review of assessment results, communication how-to, behavior hierarchy, personal development reflection
Session 4 – September 27	10:00 a.m. – 12:00 p.m.	Topic: Improvement and action plans, employing DISC for success in the workplace.

Midland College PROFESSIONAL LEARNING COMMUNITY

FALL 2023 APPLICATION

This PLC will provide Midland College employees with the knowledge and skills to improve teamwork, communication, and productivity in the workplace through an understanding of behavioral styles. All sessions will take place in-person on Midland College main campus.

REGISTRATION DEADLINE: AUGUST 30, 2023

SESSION DATE	TIME	SESSION TOPICS
Session 1 – September 6	10:00 a.m. – 12:00 p.m.	Topic: Overview of DISC behavioral styles and history
Session 2 – September 13	10:00 a.m. – 12:00 p.m.	Topic: Review of assessment results, navigating the DISC report, exploration of the four DISC styles
Session 3 – September 20	10:00 a.m. – 12:00 p.m.	Topic: Review of assessment results, communication how-to, behavior hierarchy, personal development reflection
Session 4 – September 27	10:00 a.m. – 12:00 p.m.	Topic: Improvement and action plans, employing DISC for success in the workplace.

Complete the information below and submit to tinyurl.com/TLC-F23

PARTICIPANT INFORMATION

NAME: _____

EMAIL: _____

POSITION: ☐ Full-time staff ☐ Full-time faculty ☐ Part-time staff ☐ Adjunct faculty

By signing below, I acknowledge the time commitment necessary to participate in the MC Reading Collaborative.

Participant
Signature: _____ Date: _____

By signing below, I acknowledge and support the time commitment necessary for the above named

Supervisor
Signature: _____ Date: _____

REGISTRATION DEADLINE: AUGUST 30, 2023