Midland College  
Syllabus  
VNSG 1400  
Nursing in Health and Illness I (4-0-0)

Course Description:

This course is an introduction to general principles of growth and development, primary health care needs of the patient across the life span, and therapeutic nursing interventions.

Text, References, and Supplies:

- *Nursing Drug Reference Book.*

Assessment Technologies Institute (ATI) - PN Nursing Materials

Student Learning Outcomes:

Upon successful completion of this course, the student should be able to:

1. Examine normal physiology of the body system of the gastrointestinal tract, urinary system, blood, and integumentary.

2. Identify pathologic variations of the patient with medical-surgical health; problems of the gastrointestinal tract, urinary system, blood, and integumentary.

3. Describe the hospital and community resources for referrals available to support continuing patient health care.

4. Explain lifespan issues and variables that affect learning

5. Illustrate how the patient, family, and interdisciplinary team can function to achieve the goals of:
   - A. Health promotion
   - B. Maintenance of health
   - C. Restoration of health

6. Describe basic teaching plans for patients and their families to learn how to continue caring for common health problems.

7. Identify how the plan of patient care includes the consideration of:
A. Legal and ethical issues
B. Local and federal regulations

8. Summarize ethical and legal concerns that can affect the communication process.

9. Identify common disease processes as related to:
   A. Medication
   B. Therapies
   C. Treatment plans
   D. Nutrition
   E. Cultural, spiritual, and family concerns

10. Explain how health-related data can identify:
    A. Physical status
    B. Mental health status
    C. Patient needs
    D. Preferences related to nutritional and cultural issues

11. Discuss how technology can:
    A. Organize data collection
    B. Assist in the decision making process with factual information
    C. Improve communication between the patient and interdisciplinary team
    D. Locate resources/organizations in the community
    E. Assist in the formation of achievable goal to improve the patient’s quality of life
    F. Assist the patient in becoming a self-advocate

12. Diagram or concept map the plan of care
    A. For prevention of disease
    B. On how to teach across the lifespan
    C. For multiple health care problems
    D. For understanding cultural issues that affect patient care

13. Define treatment plan of care using:
    A. The nursing process
    B. Nutrition concepts as they relate to health and illness
    C. Drug therapy

14. Apply the critical thinking process to:
    A. Nurse/patient relationships through the lifespan
    B. Nursing and patient decision making
    C. Teaching patient self-advocacy
    D. The nursing process
    E. Understanding variations found in health and illness
    F. Teaching health promotion to the patient and family
    G. The legal and ethical parameters of nursing
    H. Utilization of resources that facilitate continuity of care through the life span
Student Contributions, Responsibilities and Class Policies:

1. Each student is expected to spend two hours preparing for each scheduled hour in class. VNSG 1400 meets for four lecture hours per week. This equals eight (8) hours preparation time, before class, every week.

2. The student is responsible for having a ScanTron and sharpened pencils for all major exams.

3. The student is responsible for printing the necessary material for class from Canvas such as PowerPoints and worksheets and bringing their textbook and study guide to each class.

4. In order to meet the goals of VNSG 1400, the student must attend class, participate in all learning activities and the clinical component associated with this course.

5. The attendance policy in the student handbook will be enforced. The student must contact the instructor prior to class to report an absence or being late.

6. A student is considered late up to 15 minutes from the time class is scheduled to start. More than 15 minutes late is considered an absence. Two tardies are considered an absence. Time is determined by the instructor’s cell phone.

7. If it is necessary for the student to be absent or tardy, it is the student’s responsibility to notify the instructor prior to the start of class.

8. Major exams that are missed due to an excused absence will be taken on the first day back to school and/or at the discretion of the instructor. Make-up exams will be essay. In the event the make-up test is not taken in these timelines, the student will receive a zero (0). When the reason for missing an exam is due to a physician’s appointment, a note from the doctor is required.

9. No assignment is optional and no exams will be retaken.

10. The instructor will dismiss a student for disruptive and inappropriate conduct. (See Student Handbook 2016-2017).

11. All cell phones are to be turned off during class. Any use of a cell phone in class is considered disruptive behavior and you will be dismissed from the class. Cell phones disrupt the communication system used in the interactive classroom between Midland and Fort Stockton. Instructors are the only ones permitted to have their cell phone on for connection to the emergency communication system Midland College employs.

12. Recorders in the classroom are approved by this instructor. No recording or video taping of exam reviews is allowed at any time.

13. The student is required to refer to the Midland College Vocational Nursing Handbook 2016-2017 for other program policies.
Evaluation of Students:

Scores are determined as follows:

- A = 90 – 100
- B = 80 – 89.9
- C = 75 – 79.9
- D = 60 – 74.9
- F = 59.9 or below

The passing grade is 75%. Scores less than 75% will not be permitted to advance in this program. There is no rounding of scores.

The final grade is derived as follows:

- Daily grades (homework, projects, quizzes) 10%
- Major exams 55%
- Final exam 35%

Course Schedule:

This class meets four lecture hours per week. A schedule will be distributed in class and will be posted on CANVAS. The schedule is subject to change at the instructor’s discretion.

Americans with Disabilities Act (ADA):

Any student who, because of a disabling condition, may require some special arrangements in order to meet course requirements should contact Shep Grinnan as soon as possible. Mr. Grinnan’s office is located in the Scharbauer Student Center Building. These conditions may include documented physical or educational disabilities. Please be aware that services or accommodations are not automatic. Each student must request them and secure the proper authorizations/documentation.

Health Sciences Division Information:

- Division Dean: Carmen Edwards, DNP, MNS, RN, 210 Davidson Family Health Sciences Building (DFHS), (432) 686-4822, cedwards@midland.edu
- Program Chair: Lea Keesee, BSN, MSN, RN, 157 Technology Center Building (TC), (432) 685-5594, lkeesee@midland.edu
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