Course Description

This course covers personality development, human needs, common mental mechanisms, and factors influencing mental health and mental illness. Also included are common mental disorders and related therapy.

End-of-Course Outcomes

Identify the characteristics of mental health; identify common mental illness and maladaptive behaviors; describe trends in psychotherapeutic treatment; discuss the application of therapeutic communication skills; and assist in the formulation of a plan of care for the individual with mental illness or maladaptive behavior.

Text, References and Supplies


Assessment Technologies Institute (ATI)

Reference books are available at the Learning Resource Center (LRC).

Student Learning Outcomes

Upon successful completion of this course, the student should be able to:

1. Demonstrate critical thinking by relating the nursing process, pharmacological, principles and current literature/research findings to the care of clients with mental health disorders.
2. Predict how cultural background, developmental level and religious/spiritual practices are likely to affect the nursing care of clients with mental health disorders.
3. Distinguish therapeutic from non-therapeutic communication techniques in the mental health setting.
4. Analyze professional literature as it applies to teaching health promotion to clients with mental health disorders.
5. Compare the human and material resource requirements of the adult medical-surgical hospital environment with those requirements of the residential mental health environment.
6. Analyze legal and ethical guidelines, and professional nursing standards which are related to the care of clients with mental health disorders.
7. Analyze cognitive and interpersonal skills necessary to provide basic mental health nursing care.
8. Actively participate in appropriate self-directed learning activities in mental health nursing, with instructor guidance.
9. Function within the nurses legal scope of practice in accordance with the nursing scope of practice in relation to delegated medical arts and facility policies.
10. Assume responsibility and accountability for the quality of care utilizing the national standards of vocational nursing and issue that affect the nurse role and delivery of culturally sensitive patients and families.

11. Use of clinical reasoning and evidenced based policies on the basis of decision making using resources from scientifically valid sources.

12. Assist in determining the physical and mental health status, needs to culturally, ethnically and socially diverse patients and families utilizing characteristics, concepts and processes of gross anatomy, basic physiology and pathophysiology, psychosocial growth and development across the lifespan.

13. Report data to assist in identification or problems, goals and outcomes in patient centered plan of care utilizing written verbal and non-verbal communication.

14. Implement aspects of the plan of care within legal, ethical and regulatory parameters implementing methods of therapeutic communication and basic physiological and mental health aspects of nursing interventions.

15. Participate in the identification of patient needs for referral to resources that facilitate continuity of care and ensure confidentiality utilizing treatment modalities.

**Student Contributions, Responsibilities and Class Policies**

**Student Contributions**

1. Each student is expected to spend two hours preparing for each one hour of lecture.
2. The student must have a means of transportation to be at the assigned site at the assigned time for the duration of the assignment.
3. The student is responsible for having a scantron and sharpened pencils for all major exams.

**Class Policies**

1. In order to meet the goals of VNSG 1201, the student must attend class and participate in all learning activities.
2. The attendance policy in the Midland College Vocational Nursing Student Handbook will be enforced.
3. A student is considered late up to 15 minutes from the time class is scheduled to start. More than 15 minutes late is considered an absence. Two tardies are considered an absence. Time is determined by the instructor’s cell phone.
4. If it is necessary for the student to be absent or tardy, it is the student’s responsibility to notify the instructor prior to the start of class.
5. Major exams that are missed due to an excused absence will be taken on the first day back to school and/or at the discretion of the instructor. In the event the make-up test is not taken in this timeline, the student will receive a zero (0). When the reason for missing an exam is due to a physician’s appointment, a note from the doctor is requires.
6. No assignment is optional and no exams will be retaken.
7. The instructor will dismiss a student for disruptive and inappropriate conduct.
8. All cell phones are to be turned off. Any use of a cell phone in class is considered disruptive behavior and will be dismissed from the class. (Refer to MC Vocational Nursing Student Handbook.)
9. Recorders in the classroom require the approval of the instructor.
10. The student is required to refer to the Midland College Vocational Handbook 2016-2017 for other program policies.

Evaluation of Students

Scores are determined as follows:

- **A** = 90 – 100
- **B** = 80 - 89.9
- **C** = 75 – 79.9
- **D** = 60 – 74.9
- **F** = 59.9 or below

Passing grade is 75%. Scores less than 75% will not be permitted to advance in this program. There is no rounding of scores.

The final grade is derived as follows:

- Daily grades (homework, projects and quizzes) 5%
- Movie Reviews 10%
- Journal Article 5%
- Major Exams 40%
- Final Exam 35%
- ATI Proctored Exam (standardized) 5%

The following will stand as the ATI proctored exam score:

- Level 3 – 90%
- Level 2 – 60%
- Level 1 – 75%

Scores that are ranked below proficiency levels on ATI (Proctored) Test will remain as the individualized grade. (Refer to the Progression Policy in the Midland College Vocational Nursing Handbook.) **There will be no rounding in grading.**

Class Schedule

The class meets for two lecture hours per week. A calendar will be distributed in class and will be posted on Canvas. The calendar is subject to change at the instructor’s discretion. Students should refer to Canvas for changes.

Americans with Disabilities Act (ADA)

Any student who, because of a disabling condition, may require some special arrangements in order to meet course requirements should contact Shep Grinnan as soon as possible. Mr. Grinnan’s office is located in the Scharbauer Student Center Building. These conditions may include documented physical or educational disabilities. Please be aware that services or accommodations are not automatic. Each student must request them and secure the proper authorizations/documentation.
Division Information:

Health Sciences Division

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