Course Description:

Study of the concepts and principles necessary to perform basic nursing skills for the adult patient; and demonstrate competence in the performance of nursing procedures. Content includes knowledge, judgment, skills, and professional values within a legal/ethical framework. This course lends itself to a blocked approach. Prerequisite: Admission to the program. Corequisites: RNSG 1215, RNSG 1413, RNSG 1162, RNSG 1171

Text, References and Supplies:

- First semester A.D.N. Learning Packet
- ATI Materials (purchased through course fees)
- First semester medical/nursing supply kit, purchased at bookstore
- Stethoscope, adult blood pressure cuff, bandage scissors, watch with a second hand

Student Learning Outcomes:

The following course student learning outcomes (SLOs) are based on the *Differentiated Essential Competencies* (DECs) identified by the Texas Board of Nursing for the professional nursing roles of Member of the Profession (MOP), Provider of Patient-Centered Care (PPCC), Patient Safety Advocate (PSA), and Member of the Health Care Team (MHCT). Upon successful completion of the course, the student will be able to:

1. Demonstrate foundational nursing skills. (PSA-B,D)
2. Explain evidence behind foundational skills as it applies to patient care. (PPCC-A)
3. Demonstrate ability to administer medications safely. (PSA-B)
4. Incorporate safety aspects of all foundational nursing skills. (PSA-B)
5. Demonstrate understanding of basic comfort and hygiene skills. (PPCC –A,C; PSA-B,C)
Weekly SLOs for RNSG 1105 Nursing Skills

Day 1 (Unit I)
1. Assemble the stethoscope
2. Demonstrate correct techniques for temperature measurement.
3. Demonstrate correct technique for assessing a radial and apical pulse.
4. Demonstrate correct technique for assessing respiratory rate.
5. Select correct BP cuff by size.
6. Apply BP cuff correctly.
7. Demonstrate correct technique for assessing BP.
8. Practice vital sign techniques on mannequins in the F.MarieHall SimLife Center.

Day 2 (Unit II)
1. Demonstrate correct technique for making occupied and unoccupied bed.
2. Demonstrate correct technique for performing a bed bath.
3. Demonstrate correct technique for performing peri care.
4. Demonstrate correct technique for performing oral care for an unconscious patient.
5. Demonstrate correct technique for performing denture care.
6. Demonstrate correct technique for shaving a patient.

Day 3 (Unit III)
1. Demonstrate knowledge of preparing and maintaining a sterile field.
2. Apply sterile gloves without contamination.
3. Open a sterile package without contamination.
4. Set up a sterile field without contamination.
5. Position a patient for foley catheter insertion.
6. Insert a foley catheter safely and without contamination.
7. Accurately describe and measure urine output from a foley catheter.
8. Remove and dispose of a foley catheter safely.

Day 4 (Unit III)
1. Demonstrate foley removal and catheterization safely and accurately in a graded setting.

Day 5 (Unit IV)
1. Demonstrate ability to calculate medication dosages correctly.
2. Demonstrate ability to read a medication label.
3. Demonstrate ability to prepare the dosage correctly.
4. Demonstrate correct technique for topical administration of otic, ophthalmic, skin, suppositories, and nasal and inhaled medications.
5. Demonstrate correct technique for sublingual/buccal and oral medications.
6. Demonstrate correct technique for IM, subcutaneous, intradermal injections.
7. Apply universal precautions during medication administration.

Last Updated 12/31/2016
Day 6 (Unit VI)
1. Demonstrate medication administration safely and accurately in a graded simulated setting.

Last week of 8 week semester
Final Exam & Clinical Orientation at Manor Park Skilled Nursing Facility

Skills taught in this course:
Medication Administration: topical, otic, ophthalmic, rectal, nasal and inhaled, transdermal, and oral, injections (intramuscular, subcutaneous, intradermal)
Personal Hygiene (bathing, shaving, mouth care, bedmaking, denture care, oral care for unconscious, pericare)
Sterile technique/sterile field/sterile gloving
Foley catheter insertion/removal
Vital Signs

Student Contributions, Responsibilities and Class Policies:

1. Class time will be limited in providing practice time. These skills require practice to become proficient. The skills lab will be open at times TBA for the purpose of practicing these skills. This is not an observation class. Proficiency requires hours of hands on practice.
2. Proficiency will be tested by skills check off. This will be a performance of the skill in front of your instructor for a grade. Grading criteria for each skill will be provided by the instructors prior to the check off.
3. When in the skills lab, the student will maintain professionalism at all times. The student will wear uniform and name badge for all skills check offs.
4. All electronic communication equipment must be on silent and kept out of sight except as directed for group activities by instructor. No texting is allowed during class. Unless a potential emergency exists, students must not leave the classroom to respond to a page, a text or to make or receive cell phone calls. The student must inform the instructor of this potential emergency prior to class starting. Repeated violations of this policy are considered unprofessional conduct. (See Professional Behavior policy in A.D.N. Handbook) and will be dealt with by the program chair or designee.
5. All assignments must be completed in order to receive a grade in this course. They are not optional.
6. Selected ATI products may be required in this course such as, but not limited to, pharmacology module(s), dosage calculations module(s), target content exams, assessment of critical thinking, and the NurseLogic tutorial.
7. Late work will be docked 10 points for every day that it’s late beginning on the next class date following the due date. If it is so late that you do not receive points you must still turn it in in order to receive a grade in the course.

Attendance Policy:

In order to master the skills in this course strict attendance and punctuality is required. An absence results in the student missing vital preparation for learning necessary foundational nursing skills. There are limited opportunities for making up check offs and these are scheduled at the discretion of the instructors. In the event that a student MUST miss a scheduled check off or an exam, the student MUST contact the instructor prior to the assigned check off time/exam in order to be eligible to reschedule the
check off/exam. Not notifying the instructor of an absence prior to the missed check off/exam will result in a grade of zero for that skill check off/exam. Make up exams will be taken during the last three weeks of the semester and an alternate testing format may be used.

Withdrawal Policy:
Students who have enrolled in a Texas public institution of higher education as a first-time freshman in fall 2007 or later are permitted to drop no more than six courses during the entire undergraduate career. This limit includes all transfer work taken at a Texas institution of higher education and to second baccalaureate degrees. This statute was enacted by the State of Texas in spring 2007 (Texas Education Code 51.907). Any course that a student drops after Census Day is counted toward the six-course limit if “(1) the student was able to drop the course without receiving a grade or incurring an academic penalty; (2) the student’s transcript indicates or will indicate that the student was enrolled in the course; and (3) the student is not dropping the course in order to withdraw from the institution.”

Scholastic Dishonesty:
Midland College does not tolerate scholastic dishonesty or academic misconduct in any form. Please read the MC Student Handbook on this subject.

Evaluation of Students:
1. In order to pass this course, all skills/assignments/exams must be completed and a final average course grade of “C” or better achieved.
2. Skills can be performed as a check off only once and will be awarded a numeric grade according to a grading rubric that you will be given.
3. Grades for this course will be determined as follows:

<table>
<thead>
<tr>
<th>Evaluation Category</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Daily Rubrics on Skills Practice Time</td>
<td>5%</td>
</tr>
<tr>
<td>ATI Post Test Exams (avg. of 6)</td>
<td>10%</td>
</tr>
<tr>
<td>Foley Check-off Grade</td>
<td>30%</td>
</tr>
<tr>
<td>Medication Administration Check-off Grade</td>
<td>30%</td>
</tr>
<tr>
<td>Final Exam</td>
<td>25%</td>
</tr>
<tr>
<td>Total</td>
<td>100%</td>
</tr>
</tbody>
</table>

Letter grades for the course are determined as follows:
“A” ≥ 90 – 100
“B” ≥ 80 – 89.9
“C” ≥ 70 – 79.9
“D” ≥60 – 69.9
“F” 59.9 or below

FINAL GRADE WILL NOT BE ROUNDED UP

Course Schedule:
A detailed course schedule will be provided to students at the start of the class. This class meets two hours per week during the first eight weeks of each fall and spring semester.

Americans with Disabilities Act (ADA):
Any student who, because of a disabling condition, may require some special arrangements in order to meet course requirements should contact Shep Grinnan as soon as possible. Mr. Grinnan’s office is located in the Scharbauer Student Center Building. These conditions may include documented physical or educational disabilities. Please be aware that services or accommodations are not automatic. Each student must request them and secure the proper authorizations/documentation.

**Health Sciences Division Information:**

Division Dean: Carmen Edwards, DNP, MNS, RN, 210 Davidson Family Health Sciences Building (DFHS), (432) 686-4822, cedwards@midland.edu

Program Chair: Carmen Edwards, DNP, MNS, RN, 210 Davidson Family Health Sciences Building (DFHS), (432) 686-4822, cedwards@midland.edu

Division Secretary: Kay Floyd, CAP-OM, 206 Davidson Family Health Sciences Building (DFHS), (432) 685-4600, kfloyd@midland.edu