Midland College Syllabus
2018 - 2019

BIOL 1322 Lecture

Nutrition and Diet Therapy

3 Semester Credit Hours

Instructor Information:
Instructor: Click here to enter text. Office: Click here to enter text.
Phone: Click here to enter text. Email: Click here to enter text.
Office Hours:

Notice: Students MUST actively participate by completing an academic assignment required by the instructor by the official census date. Students who do not actively participate in an academically-related activity will be reported as never attended and dropped from the course.

Course Description:
Study of the chemical, physical, and sensory properties of food, nutritional quality and food Use, and diet applications. This course may NOT be used as a core science requirement at Midland College. Prerequisite: TSI complete in Reading and Math.

Text, References and Supplies:
Whitney & Rolfes, Understanding Nutrition, 14th ed.
ISBN: 978-1285874340

Student Learning Outcomes:
Students who successfully complete this course will be able to:
- Design diet plans
- Describe digestion, absorption and transport of carbohydrates, lipids and proteins
- Define and discuss metabolism
- Apply weight management knowledge
- Define and describe major vitamins and minerals and their role in the body
- Define and apply life cycle nutrition as it pertains to each of the major life stages
- Discuss food safety issues and concerns
- Discuss food inequity

Student Contributions, Responsibilities and Class Policies:
Students will be expected to comply with the policies outlined in the Midland College Student Handbook. Instructor policies concerning attendance and academic
behavior are consistent with the policies in the student handbook. Regular attendance is required to do well in this class.

Students will be evaluated based on the results of examinations, quizzes class activities, homework and other assignments given throughout the semester. Your lecture instructor will inform you on the first day of class as to the tentative dates and content for each exam and assignment. Students are expected to complete each exam and assignment. Your instructor will inform you on the first day of class as to make-up procedures for missed exams and any exemption procedures if they apply (See Instructor Handout).

Attendance Policy:
It is the responsibility of the students to know the policies and procedures associated with absences. These policies are set by instructors. Excused absences may include, but are not limited to, illness, severe weather, and death in the family. Instructors will determine whether or not an absence is excused. Please visit the Midland College Catalog.

Withdrawal Policy:
Students who have enrolled in a Texas public institution of higher education as a first-time freshman in fall 2007 or later are permitted to drop no more than six courses during the entire undergraduate career. This limit includes all transfer work taken at a Texas institution of higher education and to second baccalaureate degrees. This statute was enacted by the State of Texas in spring 2007 (Texas Education Code 51.907). Any course that a student drops after Census Day is counted toward the six-course limit if “(1) the student was able to drop the course without receiving a grade or incurring an academic penalty; (2) the student’s transcript indicates or will indicate that the student was enrolled in the course; and (3) the student is not dropping the course in order to withdraw from the institution.” Please visit the Midland College Catalog.

Scholastic Dishonesty:
Midland College does not tolerate scholastic dishonesty or academic misconduct in any form. Please read the MC Student Handbook on this subject. Please visit the Midland College Catalog.

Evaluation of Students:
A final grade will be determined using the following formula:
Major Exams ........................................................................................................... 60%
Project.................................................................................................................... 15%
Quizzes and Assignments................................................................................. 25%

Course Schedule:
This class meets for 3 lecture hours per week. For a tentative schedule of the class meeting please refer to the schedule distributed to each student on the first class meeting (See Instructor Handout).
ADA Statement:
Midland College provides services for students with disabilities through Student Services. In order to receive accommodations, students must place documentation on file with the Counselor/Disability Specialist. Students with disabilities should notify Midland College prior to the beginning of each semester. Student Services will provide each student with a letter outlining any reasonable accommodations. The student must present the letter to the instructor at the beginning of the semester.

Midland College does not discriminate on the basis of race, color, national origin, sex, disability or age in its programs and activities. The following individuals have been designated to handle inquiries regarding the non-discrimination policies:

**Tana Baker**, Title IX Coordinator/Compliance Officer, 3600 N. Garfield, SSC 242, Midland, TX 79705, (432) 685-4781, tbaker@midland.edu; Natasha Morgan, Director Human Resources/Payroll, 3600 N. Garfield, PAD 104, Midland, TX 79705, (432) 685-4534, nmorgan@midland.edu. For further information on notice of non-discrimination, visit [http://wdcrobcolp01.ed.gov/CFAPPS/OCR/contactus.cfm](http://wdcrobcolp01.ed.gov/CFAPPS/OCR/contactus.cfm) or call 1 (800) 421-3481.

**Spanish**

Midland College no discrimina por motivos de raza, color, nacionalidad, sexo, discapacidad, o edad en sus programas o actividades. Las siguientes personas han sido designadas para responder a cualquier pregunta o duda sobre estas políticas no discriminatorias: **Tana Baker**, Title IX Coordinator/Compliance Officer, 3600 N. Garfield, SSC 242, Midland, TX 79705, (432) 685-4781, tbaker@midland.edu; Natasha Morgan, Director Human Resources/Payroll, 3600 N. Garfield, PAD 104, Midland, TX 79705, (432) 685-4534, nmorgan@midland.edu. Para más información sobre estas políticas no discriminatorias, visite [http://wdcrobcolp01.ed.gov/CFAPPS/OCR/contactus.cfm](http://wdcrobcolp01.ed.gov/CFAPPS/OCR/contactus.cfm) o llame al 1 (800) 421-3481.

**Math/Science Division Information:**

- **Division Dean:** Dr. Margaret Wade 125 AHSF 685-4615
- **Dept. Chair:** Dr. Miranda Poage 155 FSB 685-6754
- **Division Secretary:** Mrs. Carol Prichard 124 AHSF 432-685-6404
- **Division Clerk:** Ms. Sarah Anderson 124 AHSF 432-685-6896