

## Midland College Syllabus

2019-2020  
DAAC 1311  
Counseling Theories  
3 Semester Credit Hours

x

### Instructor Information:

**Instructor:** Ashlea White  
**Phone:** 432-967-2719  
**Office Hours:** By appt

**Office:** DAAC area classroom or office  
**Email:** [awhite@midland.edu](mailto:awhite@midland.edu)

**Notice:** Students MUST actively participate by completing an academic assignment required by the instructor by the official census date. Students who do not actively participate in an academically-related activity may be reported as never attended and dropped from the course.

### MANDATORY-State Requirements for Licensure:

Completion of Midland College degrees and/or certificates does not guarantee eligibility to take a certification/registry/licensure examination. The eligibility of each person is determined on an individual basis by the regulatory body of the specific discipline. If you have a conviction of a crime other than a minor traffic violation, physical or mental disability/illness, hospitalization/treatment for chemical dependency within the past five years, current intemperate use of drugs or alcohol or a previous denial of a licensure or action by a licensing authority, you will need to contact the specific regulatory body ([http://www.dshs.texas.gov/lcdc/lcdc\\_rules.shtm](http://www.dshs.texas.gov/lcdc/lcdc_rules.shtm)) for an individual ruling. Some programs require a criminal background check and urine and drug screen.

### Course Description:

An examination of the major theories and current treatment modalities used in the field of counseling.  
Co-requisite: DAAC 1319.

### Text, References and Supplies:

- **Required Texts:** Prochaska and Norcross. Systems of Psychotherapy. A Transtheoretical Analysis, 8<sup>th</sup> edition. Thompson, Brooks/Cole, 2007.
  - ISBN: 978-1-1333145-1-6.

Please refer to the Department of State Health Services website at [Department of State Health Services](#) for licensure requirements.

### Student Learning Outcomes:

Upon completion of this course the student will:

1. Identify major counseling theories.
2. Define and explain techniques relevant to the various theories.
3. Identify major approaches to treatment.

**Student Contributions, Responsibilities and Class Policies:**

All students are required to come to class **prepared**, which means having assignments completed **prior to class**, not in class. All assignments shall be typed and presented in a professional manner and turned in **on time**.

The student is ultimately responsible for his/her own learning and professional growth, what you put into it is what you will get out of it! It is your responsibility to conduct a realistic self-appraisal of what you personally need to master and how you can best attain it. **Challenge yourself to grow as an individual and a professional. Please respect the confidentiality of the classroom and discussions that are held.**

**Confidentiality:**

These classes prepare you for a career in counseling. Some class discussions will deal with confidential material. Privileged information that is shared in class may under NO CIRCUMSTANCES be repeated or shared outside of the classroom (Canvas is considered a classroom in this case). In regards to written materials, your OWN feelings, opinions, and/or insights may be shared. You are training to be professionals, act as a professional and use professional **ethics!** If you question whether classroom information should be shared, **do not** share.

**Attendance Policy:**

It is the responsibility of the students to know the policies and procedures associated with absences. These policies are set by instructors. Excused absences may include, but are not limited to, illness, severe weather, and death in the family. Instructors will determine whether or not an absence is excused. Please visit the Midland College Catalog. Absences will be a factor in determining your attendance grade.

**Withdrawal Policy:**

Students who have enrolled in a Texas public institution of higher education as a first-time freshman in fall 2007 or later are permitted to drop no more than six courses during the entire undergraduate career. This limit includes all transfer work taken at a Texas institution of higher education and to second baccalaureate degrees. This statute was enacted by the State of Texas in spring 2007 (Texas Education Code 51.907). Any course that a student drops after Census Day is counted toward the six-course limit if "(1) the student was able to drop the course without receiving a grade or incurring an academic penalty; (2) the student's transcript indicates or will indicate that the student was enrolled in the course; and (3) the student is not dropping the course in order to withdraw from the institution." Please visit the [Midland College Catalog](#)

**Scholastic Dishonesty:**

Midland College does not tolerate scholastic dishonesty or academic misconduct in any form. Please read the MC Student Handbook on this subject. Please visit the [Midland College Catalog](#)

**Course Schedule:**

See Attached

### Evaluation of Students:

The student will take weekly **tests** as assigned on Canvas. The student will be able to take these on any computer that has internet access. There will be a time limit on these quizzes, so be prepared to complete the quiz once opened. You may use lecture notes and other reference material to complete the quizzes.

The student is ultimately responsible for his/her own learning and professional growth, what you put into it is what you will get out of it! It is your responsibility to conduct a realistic self-appraisal of what you personally need to master and how you can best attain it. Challenge yourself to grow as an individual and a professional. Please respect the confidentiality of the classroom and discussions that are held.

The student will take weekly **tests** as assigned on Blackboard. The student will be able to take these on any computer that has internet access. There will be a time limit on these quizzes, so be prepared to complete the quiz once opened. You may use lecture notes and other reference material to complete the quizzes.

The student will present a case study of a well-known adult public figure and apply 3 theoretical approaches which will describe the figure's adult personality.

The student will complete both a **mid-term** and **final** examination; students with an average of 89.5 or higher at the end of the semester are **exempt** from the final examination.

The mid-term and final exams may be proctored, meaning that the student must go to a certified testing center showing acceptable identification in order to take the exam. It is **mandatory** to call the testing center and make an appointment; Midland College Testing Center 685-4735.

The course will be graded in the following format:

<b>Assignments</b>	<b>Percentage of Grade</b>	<b>Grade Range</b>
Attendance (in class)	20%	90-100 A
Case Study	25%	89-80 B
Tests	30%	79-70 C
Mid-term exam	15%	69-60 D
Final Project/Exam	25%	59-0 F

### ADA Statement:

Midland College provides services for students with disabilities through Student Services. In order to receive accommodations, students must place documentation on file with the Counselor/Disability Specialist. Students with disabilities should notify Midland College prior to the beginning of each semester. More information can be found at the [Midland College Catalog](#), or by contacting the Midland College Disability Specialist at 685-4505.

Student Services will provide each student with a letter outlining any reasonable accommodations. The student must present the letter to the instructor at the beginning of the semester.

Midland College does not discriminate on the basis of race, color, national origin, sex, disability or age in its programs and activities. The following individuals have been designated to handle inquiries regarding the non-discrimination policies:

**Tana Baker, Title IX Coordinator/Compliance Officer, 3600 N. Garfield, SSC 242, Midland, TX 79705, (432) 685-4781, [tbaker@midland.edu](mailto:tbaker@midland.edu); Natasha Morgan, Director Human Resources/Payroll, 3600 N. Garfield, PAD 104, Midland, TX 79705, (432) 685-4534, [nmorgan@midland.edu](mailto:nmorgan@midland.edu).** For further information on notice of non-discrimination, visit <http://wdcrobcolp01.ed.gov/CFAPPS/OCR/contactus.cfm> or call **1 (800) 421-3481**.

### **Spanish**

Midland College no discrimina por motivos de raza, color, nacionalidad, sexo, discapacidad, o edad en sus programas o actividades. Las siguientes personas han sido designadas para responder a cualquier pregunta o duda sobre estas políticas no discriminatorias: **Tana Baker, Title IX Coordinator/Compliance Officer, 3600 N. Garfield, SSC 242, Midland, TX 79705, (432) 685-4781, [tbaker@midland.edu](mailto:tbaker@midland.edu); Natasha Morgan, Director Human Resources/Payroll, 3600 N. Garfield, PAD 104, Midland, TX 79705, (432) 685-4534, [nmorgan@midland.edu](mailto:nmorgan@midland.edu).** Para más información sobre estas políticas no discriminatorias , visite <http://wdcrobcolp01.ed.gov/CFAPPS/OCR/contactus.cfm> o llame al 1 (800) 421-3481.

### **Math/Science Division Information:**

Division Dean:	Dr. Frank DeLaO	175MHAB	(432) 685-6812
Department Chair:	Ms. Stephanie Shelton	175 AHSF	(432) 685-4729
Division Secretary:	Ms. Angelina Dolaptchieva	174 MHAB	(432) 685- 6830
Division Clerk:	Ms. Adelle Dowling	176 MHAB	(432) 685-6829

### **Contents**

Midland College Syllabus .....	1
<i>Instructor Information:</i> .....	1

Instructor: ..... 1

Phone: ..... 1

Office Hours: ..... 1

*Course Description:* ..... 1

*Text, References and Supplies:* ..... 1

Student Learning Outcomes: ..... 1

Student Contributions, Responsibilities and Class Policies: ..... 1

Attendance Policy: ..... 2

Withdrawal Policy: ..... 2

Scholastic Dishonesty: ..... 2

Course Schedule: ..... 2

Evaluation of Students: ..... 3

ADA Statement: ..... 3