

Midland College Syllabus

Fall 2022

DAAC 1311

Counseling Theories

3 Semester Credit Hours

Instructor Information:

Instructor: Ashlea White LCDC, NCACI

Office: Virtual

Office Hours: By email for an appointment

Email: awhite@midland.edu

Notice: Students MUST actively participate by completing an academic assignment required by the instructor by the official census date. Students who do not actively participate in an academically-related activity may be reported as never attended and dropped from the course.

MANDATORY-State Requirements for Licensure:

Completion of Midland College degrees and/or certificates does not guarantee eligibility to take a certification/registry/licensure examination. The eligibility of each person is determined on an individual basis by the regulatory body of the specific discipline. If you have a conviction of a crime other than a minor traffic violation, physical or mental disability/illness, hospitalization/treatment for chemical dependency within the past five years, current intemperate use of drugs or alcohol or a previous denial of a licensure or action by a licensing authority, you will need to contact the specific regulatory body (http://www.dshs.texas.gov/lcdc/lcdc_rules.shtml) for an individual ruling. Some programs require a criminal background check and urine and drug screen. Please refer to the Department of State Health Services website at [Department of State Health Services](http://www.dshs.texas.gov) for licensure requirements.

Course Description:

An examination of the major theories and current treatment modalities used in the field of counseling.
Co-requisite: DAAC 1319.

Text, References and Supplies:

- **Required Texts:** Prochaska and Norcross. Systems of Psychotherapy. A Transtheoretical Analysis, 8th edition. Thompson, Brooks/Cole, 2007.
 - ISBN: 978-1-1333145-1-6.

Student Learning Outcomes:

Upon completion of this course the student will:

1. Identify major counseling theories.
2. Define and explain techniques relevant to the various theories.
3. Identify major approaches to treatment.

Student Contributions, Responsibilities and Class Policies:

Logging onto Canvas and completing course material is required in order to be successful in this class. Students will be evaluated based on the results of examinations given throughout the semester. A tentative schedule showing the due dates of all quizzes, activities and exams is below. Students are expected to meet all deadlines. There are possibilities for make-ups on missed quizzes, activities and exams though you will need to communicate with me for the reason. All assignments shall be typed and presented in a professional manner and turned in on time.

The student is ultimately responsible for his/her own learning and professional growth, what you put into it is what you will get out of it! It is your responsibility to conduct a realistic self-appraisal of what you personally need to master and how you can best attain it. Challenge yourself to grow as an individual and a professional. Please respect the confidentiality of the classroom and discussions that are held.

Students will be expected to comply with the policies outlined in the [Midland College Catalog](#). Instructor policies concerning attendance and academic behavior are consistent with the policies in the catalog. Regular attendance is required to do well in this class. Students will be evaluated based on the results of assessments outlined in the syllabus.

[Midland College Student Handbook](#)

Logging onto Canvas and completing course material is required in order to be successful in this class.

Confidentiality:

These classes prepare you for a career in counseling. Some class discussions will deal with confidential material. Privileged information that is shared in class may under NO CIRCUMSTANCES be repeated or shared outside of the classroom (Canvas is considered a classroom in this case). In regards to written materials, your OWN feelings, opinions, and/or insights may be shared. You are training to be professionals, act as a professional and use professional ethics! If you question whether classroom information should be shared, do not share.

Attendance Policy:

It is the responsibility of the students to know the policies and procedures associated with absences. These policies are set by instructors. Excused absences may include, but are not limited to, illness, severe weather, and death in the family. Instructors will determine whether or not an absence is excused. Please visit the Midland College Catalog. Absences will be a factor in determining your attendance grade.

Withdrawal Policy:

Students who have enrolled in a Texas public institution of higher education as a first-time freshman in fall 2007 or later are permitted to drop no more than six courses during the entire undergraduate career. This limit includes all transfer work taken at a Texas institution of higher education and to second baccalaureate degrees. This statute was enacted by the State of Texas in spring 2007 (Texas Education Code 51.907). Any course that a student drops after Census Day is counted toward the six-course limit if “(1) the student was able to drop the course without receiving a grade or incurring an academic penalty; (2) the student’s transcript indicates or will indicate that the student was enrolled in the course; and (3) the student is not dropping the course in order to withdraw from the institution.” Please visit the [Midland College Catalog](#)

Scholastic Dishonesty:

Midland College does not tolerate scholastic dishonesty or academic misconduct in any form. Please read the MC Student Handbook on this subject. Please visit the [Midland College Catalog](#)

Course Schedule:

See Canvas

Evaluation of Students:

This course is conducted online. Students are expected to fully participate in the course by logging into Canvas at least twice per week. The student will take weekly **tests** as assigned on Canvas. The student will be able to take these on any computer that has internet access. There will be a time limit on these quizzes, so be prepared to complete the quiz once opened. You may use lecture notes and other reference material to complete the quizzes.

The student will present a case study of a well-known adult public figure and apply 3 theoretical approaches which will describe the figure's adult personality.

The student will complete both a **mid-term** and **final** examination; students with an average of 89.5 or higher at the end of the semester are **exempt** from the final examination.

The mid-term and final exams may be proctored, meaning that the student must go to a certified testing center showing acceptable identification in order to take the exam. It is **mandatory** to call the testing center and make an appointment; Midland College Testing Center 685-4735.

The course will be graded in the following format:

| Assignments | Percentage of Grade | Grade Range |
|--------------------|---------------------|-------------|
| Attendance | 20% | 90-100 A |
| Case Study | 25% | 89-80 B |
| Tests | 30% | 79-70 C |
| Mid-term exam | 15% | 69-60 D |
| Final Project/Exam | 25% | 59-0 F |

Student Issues:

If you experience any issue that needs addressing in this course, the protocol to follow in order to get your needs met and your issue heard follows:

1. Visit with your instructor and explain the issue you are experiencing in order to find a solution.
2. If a solution is not found, visit with the ADAC Program director.
3. If your difficulty STILL has not been remedied, call the Dean and make an appointment for your issue to be heard.

Americans with Disabilities Act (ADA) Statement:

Midland College provides services for students with disabilities through Student Services. In order to receive accommodations, students must visit www.midland.edu/accommodation and complete the Application for Accommodation Services located under the Apply for Accommodations tab. Services or accommodations are not automatic, each student must apply and be approved to receive them. All documentation submitted will be reviewed and a "Notice of Accommodations" letter will be sent to instructors outlining any reasonable accommodations.

Non-Discrimination Statement

Midland College does not discriminate on the basis of race, color, national origin, sex, disability or age in its programs and activities. The following individual has been designated to handle inquiries regarding the non-discrimination policies:

Wendy A. Kane
Dean of Student Life
Midland College
3600 N. Garfield
Midland, TX 79705
Title9@midland.edu

For further information on notice of non-discrimination, visit the ED.gov Office of Civil Rights website, or call 1 (800) 421-3481.

Spanish

Midland College no discrimina por motivos de raza, color, nacionalidad, sexo, discapacidad, o edad en sus programas o actividades. Las siguientes personas han sido designadas para responder a cualquier pregunta o duda sobre estas políticas no discriminatorias: Wendy Kane, Dean of Student Life, 3600 N. Garfield, Midland, TX 79705, Title9@midland.edu; Natasha Morgan, Director Human Resources/Payroll, 3600 N. Garfield, PAD 104, Midland, TX 79705, (432) 685-4534, nmorgan@midland.edu. Para más información sobre estas políticas no discriminatorias, visite <http://wdcrobcolp01.ed.gov/CFAPPS/OCR/contactus.cfm> o llame al 1 (800) 421-3481.

COVID: Students and faculty are encouraged but not required to wear face masks. Those reporting exposure to covid are asked to fill out the appropriate form online and necessary parties will be contacted. Identities and diagnosis cannot be revealed. Students are encouraged to stay in contact with instructors so that appropriate arrangements can be made.

Division Information:

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|---------------------|---------------------------|----------|----------------|
| Division Dean: | Mr. David Hopkins | 175 MHAB | (432) 685-6805 |
| Department Chair: | Ms. Stephanie Shelton | 175 AHSF | (432) 685-4729 |
| Division Secretary: | Ms. Angelina Dolaptchieva | 174 MHAB | (432) 685-6829 |
| Division Clerk: | Ms. Adelle Dowling | 176 MHAB | (432) 685-6830 |

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