Tips to Help You Stay Safe and Reduce Sexual Assault in Ubers and Lyfts

As a rideshare passenger, there are some critical steps you can take to keep yourself safe—both Uber and Lyft list these basic safety measures on their websites.

- Waiting inside a safe place until your ride shows up
- Making sure that the rider’s information on Uber matches the person who has arrived before you get into the vehicle, including the car’s make and model and license plate
- Asking the driver to confirm your name before getting into the vehicle
- Riding in the back seat
- Wearing your seat belt
- Sharing your travel plans with a friend or family member

Essential steps that passengers should take to protect themselves and others

1. First, pay attention to your friends’ cues. Notice whether they look uncomfortable and ask them if they’re alright.
2. Next, if you see anyone acting aggressively towards a passenger, notify the police or call security immediately.

If you are going out with a group of friends, stick together and employ a buddy system. Make a plan with others in advance about how long you will stay out and whether someone may be going home early. Always make sure that anyone who leaves first, leaves safely. Walk them to their rideshare and make sure they're getting into the right car, especially if they’re intoxicated. Ensure the make, model, license plate, and driver’s photo match the information on the Uber or Lyft app. Tell your friend to text or give you a phone call to let you know they’ve arrived home safely.