Midland College

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For Immediate Release

Midland College hosts
Integrative Neuromuscular Therapy Workshop, Module One
For more information, contact MC Health Sciences Continuing Education,
(432) 681-6303 or (432) 681-6354

(Midland, Texas) On Saturday and Sunday, March 16 and 17, Midland College will offer the first of three intensive weekend seminars focusing on neuromuscular therapy. The seminars are taught by nationally acclaimed author and instructor Peter Lane, LMT, CNMT. Mr. Lane has written several books on massage therapy techniques and taught numerous workshops and classes describing how to “stimulate the human body to do the work that it was intended to do.”

Lane, a former chairman of the New Mexico Massage Therapy Board, said, “This is learning that changes lives. Once students have completed all three modules, they are eligible to challenge a comprehensive written and practical exam to become certified neuromuscular therapists.”

This certification is available to massage therapists, physical therapists, occupational therapists, nurses and others who are licensed healthcare professionals. Current massage therapy students are also eligible to take the course.”

“These seminars are designed to teach students how to treat the cause of pain—not just the symptoms,” explained Lane. “Integrative neuromuscular therapy combines muscular therapy, energy and nutritional therapies to comprehensively treat a variety of pathologies such as acute to chronic pain, anxiety and depression, fibromyalgia, migraines temporomandibular joint disorder, neck pain, shoulder pain, hip pain and back pain. Many of these conditions are being treated with prescription medications, but oftentimes people are not responding to the medications as they should or have developed an over-reliance to the medication.”

Lane, who said that he comes from a long line of medical practitioners, stated that surgery should be the last option to overcoming pain. He said that he has always worked as a massage therapist in medical clinics. For the last three years, Lane has been employed in a dental surgery center working with patients who are suffering from temporomandibular joint disorder (jaw pain).

The seminar will be held at the Midland College Advanced Technology Center, 3200 W. Cuthbert, from 9:00 a.m.-5:00 p.m. both days. Tuition is $350; however, there is a $50 discount for those who register by March 1. To register, contact the Midland College Health Sciences Continuing Education Department at (432) 681-6303 or (432) 681-6354.

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