Midland College
PSYT 2345: Principles of Behavior Management and Modification
(3 Lecture/0 lab)

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Office Hours: Science Faculty 128 (hours posted on door – please make appointment)

Course Description
"Principles of behavior management and modification" is a focused study of behavior management and cognitive theories/techniques with specific emphasis on their applications. Students will summarize and apply behavior management and cognitive theories; and discuss the applications of behavior management and cognitive techniques through the Stages of Change, Transtheoretical, Model.

Required Texts


Optional Text

Course Objectives
Students will:
1. Develop a case conceptualization regarding a specific client using the Transtheoretical Model
2. Develop a Transtheoretical treatment plan regarding a specific client
3. Change a personal behavior and journal on the behavior change in relation to the Transtheoretical Model
4. Gain an understanding of ethical issues concerning the therapeutic relationship
5. Gather relevant data concerning client issues
6. Integrate all client information and develop a plan of action for a specific client
7. Each student will choose a personal targeted behavior to change during the duration of the semester; a behavior change journal is required for any credit to be given
8. Each student will compile data in an organized 1-2 inch binder with dividers indicating the Stages of Change; the data shall include specific information as related to each Stage of Change and the Transtheoretical Model including the processes and the contexts of change.

Please refer to the Department of State Health Services website at www.dshs.state.tx.us for licensure requirements.

Requirements
Students will:
1. Attend all classes and participate in discussions and activities
2. Complete reading assignments and study the material prior to class meetings
3. Complete out-of-class assignments
4. Compile a behavior change journal and make a personal behavior change
5. Take exams (may be either announced or unannounced)
6. Compile an organized “Stages of Change and the Transtheoretical Approach” notebook
7. Practice professional conduct and ethics
8. Practice respectful learning exchanges

Classroom Policies
All students are required to come to class prepared, which means having assignments completed prior to class, not in class. All assignments shall be typed and presented in a professional manner and turned in ON TIME. The student is ultimately responsible for his/her own learning and professional growth, what you put into it is what you will get out of it! It is your responsibility to conduct a realistic self-appraisal of what you personally need to master and how you can best attain it. Challenge yourself to grow as an individual and a professional. Please respect the confidentiality of the classroom and discussions that are held.
CONFIDENTIALITY: These classes prepare you for a career in counseling. Some class discussions will deal with confidential material of yours and other students. Privileged information that is shared may under NO CIRCUMSTANCES be repeated or shared outside the classroom. Written materials, your own feelings and insights may be shared. CAUTION: IF YOU ARE NOT SURE, KEEP THE TRUST!

<table>
<thead>
<tr>
<th>Evaluation</th>
<th>Points</th>
<th>Grade Range</th>
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</thead>
<tbody>
<tr>
<td>Assignments</td>
<td>200</td>
<td>A = 900 – 1000</td>
</tr>
<tr>
<td>Attendance /Participation</td>
<td>200</td>
<td>B = 899 – 800</td>
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<tr>
<td>Midterm Exam</td>
<td>100</td>
<td>C = 799 – 700</td>
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<tr>
<td>Final Project (case concept.)</td>
<td>150</td>
<td>D = 699 – 600</td>
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<tr>
<td>Final Exam</td>
<td>100</td>
<td>F = 599 or below</td>
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<tr>
<td>Behavior Change &amp; Journal</td>
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<tr>
<td><strong>Total:</strong></td>
<td><strong>1000 points</strong></td>
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LATE ASSIGNMENTS WILL NOT BE ACCEPTED!

ADA Statement:
Any student who, because of a disabling condition, may require some special arrangements in order to meet course requirements should contact the instructor as soon as possible. These conditions may include documented physical or educational disabilities. Please be aware that services of accommodations are not automatic. Each student must request them and secure the proper authorizations.

Dr. Margaret Wade, Division Dean 685-4615 Office 125 Science Faculty
Brenda Smith, Division Secretary 685-6413 Office 124 Science Faculty