Midland College
DAAC 2441: Counseling Alcohol and Other Drug Addictions
3 Lecture hours/ 1 Lab hour

Instructor: Dan Dorethy
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Course Description
This course will introduce the student to the special skills and techniques in the application of counseling skills for the Alcohol and Other Drug (AOD) client. Design and utilization of treatment planning using a treatment team approach will be introduced. Confidentiality and ethical issues will be reviewed and practiced.

Required Text/s:

Course Objectives
Students will:
1. Identify and demonstrate use of components of a helping model in counseling clients and significant others with related to chemical dependency
2. Describe the central concepts of AOD counseling with individuals, groups, and families
3. Identify issues of confidentiality and ethics and how they apply to the AOD client
4. Demonstrate a beginning understanding of how the major counseling approaches are used in individual counseling when treating the AOD client
5. Explain the relationship between case management and AOD counseling
6. Define relapse prevention, elements of self-help recovery programs, stress management, discharge planning, and aftercare
7. Document individual counseling goals, objectives and interventions in the treatment planning process

Requirements
Students will:
1. Attend all classes and participate in discussions and activities
2. Complete reading assignments and study the material prior to class meetings
3. Complete out-of-class assignments
4. Take exams
5. Participate in 3 lab hours per week
6. Practice professional conduct and ethics
7. Practice respectful learning exchanges
Classroom Policies
All students are required to come to class prepared, which means having assignments completed prior to class, not in class. All assignments shall be typed and presented in a professional manner and turned in on time.
The student is ultimately responsible for his/her own learning and professional growth, what you put into it is what you will get out of it! It is your responsibility to conduct a realistic self-appraisal of what you personally need to master and how you can best attain it. Challenge yourself to grow as an individual and a professional. Please respect the confidentiality of the classroom and discussions that are held.

LATE ASSIGNMENTS WILL NOT BE ACCEPTED!!!

CONFIDENTIALITY: These classes prepare you for a career in counseling. Some class discussions will deal with confidential material of yours and other students. Privileged information that is shared may under NO CIRCUMSTANCES be repeated or shared outside the classroom. Written materials, your own feelings and insights may be shared. CAUTION: IF YOU ARE NOT SURE, KEEP THE TRUST!

Evaluation
Assignments 20%  A = 90 – 100%
Attendance /Participation 20%  B = 89 – 80%
Midterm Exam 15%  C = 79 – 70%
Final Project 12%  D = 69 – 60%
Lab 30%  F = 59% or less

ADA Statement:
Any student who, because of a disabling condition, may require some special arrangements in order to meet course requirements should contact the instructor as soon as possible. These conditions may include documented physical or educational disabilities. Please be aware that services of accommodations are not automatic. Each student must request them and secure the proper authorizations.

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